

K-Lace:®
The Rockrose

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Criswell Embroidery & Design



Freestanding Rockrose design



Cutwork Rockrose

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GENERAL STITCHING INSTRUCTIONS

This design is available in two versions. Rockrose is a freestanding lace design. Rockrscw is a cutwork design. Both should be stitched with 50 or 60 wt. cotton embroidery thread for the first two colors (leaves and petals), and 40 wt. rayon for the center. Cotton may be used for the center as well, but it won't fluff in the same way that rayon does. Use a small embroidery needle (sz. 75/11).

These designs are to be stitched on water-soluble stabilizer. We prefer two layers of a heavy-weight stabilizer, but you may use more layers of a thinner stabilizer if you prefer. Since stitching on wss is different than stitching on fabric, you may need to adjust your tension settings; this will vary from machine to machine.

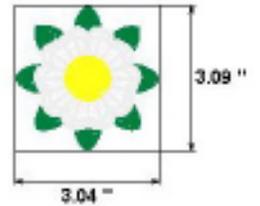
Instructional photos are of the cutwork design, Rockrscw. Instructions for the freestanding rockrose design are given at the end.

Needle Thread consumption

1	32.5%	(42.4 ft)
2	47.4%	(61.9 ft)
3	20.1%	(26.2 ft)

Upper thread 130.6 ft
Bobbin 43.5 ft

File: Rockrose
Stitches: 11270
Size: 3.04 " x 3.09 "

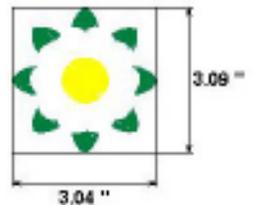


Needle Thread consumption

1	30.1%	(42.4 ft)
2	1.6%	(2.2 ft)
3	49.8%	(70.3 ft)
4	18.5%	(26.1 ft)

Upper thread 141.1 ft
Bobbin 47.0 ft

File: Rockrscw
Stitches: 11512
Size: 3.04 " x 3.09 "



Illustrations



1. Hoop water-soluble stabilizer and stitch the first color with green 50 or 60 wt. cotton in needle and bobbin. Spray your fabric with temporary spray adhesive. Remove hoop from machine.



2. Place hoop on top of fabric, smoothing into place so the fabric adheres to the water-soluble stabilizer.



3. Change your thread to white 50 or 60 wt. cotton in needle and bobbin. Replace hoop on machine and stitch the second color. Be sure your fabric does not interfere with the mechanisms of the embroidery unit, or get wadded up under your hoop. You will be somewhat limited in where you can place this design on a piece of fabric.



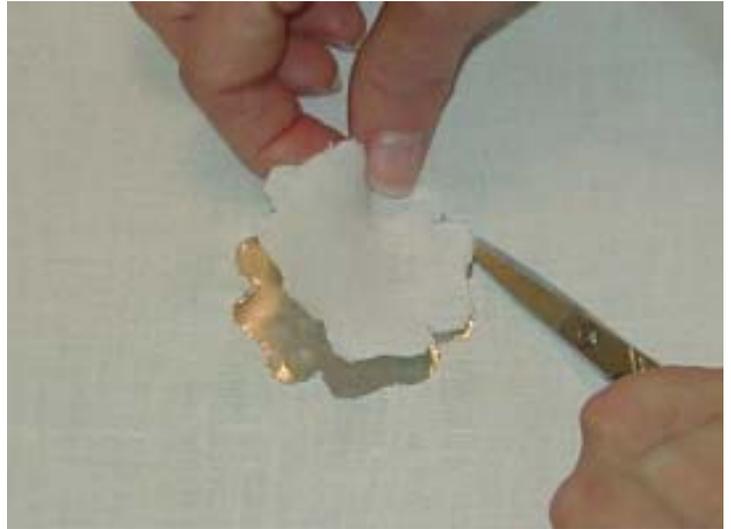
4. Remove the hoop and turn it upside down. You will want to cut from the underside, so you want the fabric on a flat surface. A bobbin box works well to set the fabric on.

5. Trim away the fabric inside the outline stitches you just stitched. Be sure to leave the water-soluble stabilizer intact! Make a very small clip to start with. Then slide the point of the scissors between the fabric and stabilizer. Small curved-blade embroidery scissors work best for this.





6. Continue cutting close to the stitching line, with blades of scissors held flat, as shown.



7. Finish cutting and remove the fabric from inside the stitching lines.



8. View from the top.



9. Replace your hoop and continue stitching with the white thread (color three). When the machine stops for color 4, change the top thread only to yellow rayon. This is how the design looks when you have finished stitching.



10. Remove the hoop and from the underside, clip the bobbin threads of the inner satin ring (not the small circle in the middle), as shown.



11. From the top, with a toothpick or the end of a small brush, pull the yellow thread ends to the top.



12. From the underside, clip the bobbin threads from the outer yellow satin ring.



13. From the top, pull the yellow thread ends free to the top.



14. When the ends are all to the top, remove the fabric from the hoop and fold it out of the way, so you can trim the loop ends off.



15. Now you will soak your design until all the stabilizer is completely dissolved. Change the water a couple of times, so the design will be very clean and soft. Remove from water and let dry. When it is almost dry, you may want to use a blow-dryer on the fluffy center, to help fluff it up. It also helps to brush with a small stiff brush, as shown.

Another method that may be used for the center fringe stitch is to clip the bobbin thread once (or in two to four places, dividing the circle in half or quarters), pull up a loop with a needle, until it can be easily pulled with fingers. This way, the bobbin thread can be pulled free in one to four pieces. I found that the tensions on my machine would not allow me to accomplish this. You would have to have enough of the top thread coming around to the bottom in order for the bobbin thread to come free. The stitching of the other rings caught my bobbin threads and they wouldn't come free. But this would be an easy, neat method.

ROCKROSE

Hoop water-soluble stabilizer.

Stitch color one with green 50-60 wt. cotton in needle and bobbin.

Stitch color two with white 50-60 wt. cotton in needle and bobbin.

Stitch color three with 40 wt. yellow rayon in needle.

(Leave white in bobbin)

Now complete steps 10-15 above.